



# Elite Healthcare

## Physical Medicine

### Checklist of Paperwork Provided: Day 1

I have received the following information:

- Welcome
- Mission Statement
- Company Information/Hours of Operation/After Hours Policy
- Rights and Responsibilities
- HIPPA Notification
- Procedure
- Financial Responsibility/Assignment of Benefits (AOB)
- You may fill in and print from your printer.
- Please sign at our office

For Medicare Patient's Only:

- Advance Beneficiary Notice of Non-Coverage (ABN)

---

Patient Name (Print)

---

Patient/Guardian Signature

---

Date

# Elite Healthcare Physical Medicine, LLC

## PATIENT APPLICATION FORM

Welcome to our clinic. We specialize in assisting our patients to achieve their highest level of health through our spinal and postural corrective programs. Our approach is very unique and advanced from other rehabilitative programs. This allows our patients to achieve far superior results compared to most other systems.

Please fill out the following information thoroughly so the doctor can let you know if you are a case we can accept. Please feel free to ask any questions if you need any assistance. We look forward to serving you.

## AUTHORIZATION OF CARE

This clinic will attempt to identify and diagnose any ailments you may have that may be corrected through physical medicine, massage therapy, chiropractic care, and/or active/passive rehabilitation. If any condition or disease appears to be present out of our scope of practice, we will refer you to an appropriate physician to diagnose and/or treat that condition. The clinical procedures performed are usually beneficial and seldom cause any problem. In rare cases, underlying physical defects, deformities or pathologies may render the patient susceptible for injury. The doctor, of course, will not provide specific healthcare if he/she is aware that such care may be contraindicated. It is the responsibility of the patient to make it known these things which otherwise might not come to the attention of the physician (deformities, illnesses, etc). I agree to settle any claim or dispute I may have against or with any of these persons or entities, whether related to the prescribed care or not, by binding arbitration under the current malpractice terms which can be obtained by written request.

I also clearly understand that if I do not follow the Doctors and/or physician's specific recommendations at this clinic that I will not receive the full benefit from these programs, and that if I terminate my care prematurely that all fees incurred will be due and payable at that time. I authorize the assignment of all insurance benefits be directed to the Doctor and/or physician for all services rendered. I understand in the event my account goes to collections, I am responsible for any and all collections fees.

I understand that I am financially responsible for all fees incurred for the services provided, regardless of any applicable insurance or benefit payments, and I agree to ensure full payment. I hereby authorize the doctor to release all medical information necessary to process this claim. I hereby authorize any plan administrator or fiduciary, insurer and my attorney to release to such doctor and clinic any and all plan documents, insurance policy and/or settlement information upon written request from such doctor and clinic in order to claim such medical benefits, reimbursement or any applicable remedies. I authorize the use of this signature on all my insurance and/or employee health benefits claim submissions.

This assignment will remain in effect until revoked by me in writing. A photocopy of this assignment is to be considered as valid as the original. I have read and fully understand this agreement.

\_\_\_\_\_  
Patient's Name (Print)

\_\_\_\_\_  
Patient's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Minor's Name (Print)

\_\_\_\_\_  
Guardian's Signature (*Authoring Care for Minor*)

\_\_\_\_\_  
Date

## EMERGENCY CONTACT

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

**RADIOGRAPH CONSENT**

Our consultation and examination may indicate that x-rays are necessary to accurately diagnose and analyze your condition.

By signing below, you give your consent to allow Elite Healthcare Physical Medicine, LLC. and its representatives, as deemed by the examining physician to take radiographs of your spine and/or extremities.

I also hereby declare that to my knowledge that I am not pregnant \_\_\_\_\_ ( Initials )

\_\_\_\_\_  
Patient's Name (Print)

\_\_\_\_\_  
Patient/Guardian Signature

\_\_\_\_\_  
Date

**MEDICAL RECORDS RELEASE FORM**

In order to provide the best care possible for you, we may share your medical records with your family doctor to let them know the progress you are making with our office.

I, \_\_\_\_\_ give Elite Healthcare Physical Medicine, LLC permission to share any and all medical records with my family doctor.

I understand that this authorization is voluntary and I may refuse to sign this authorization. I further understand that my health care and the payment of my health care will not be affected if I do not sign this form. I understand that information used or disclosed pursuant to the authorization may be subject to re-disclosure by the recipient and may no longer be protected by federal and state privacy regulations. I understand I may revoke this authorization at any time by notifying the office. I understand that if I revoke this authorization I must do so in writing and the written revocation must be signed and dated with a date that is later than the date on this authorization. The revocation will not affect any actions taken before the receipt of the written revocation.

\_\_\_\_\_  
Patient/Guardian Signature

\_\_\_\_\_  
Date

**ACKNOWLEDGEMENT OF RECEIPT OF NOTICE OF PRIVACY PRACTIC (HIPPA)**

We understand that health information about you and your health is personal and we are committed to protecting your health information. We create a record of the care and services you receive from us. We need this record to provide you with quality care and to comply with certain legal requirements. This notice applies to all of the records of your care generated by this office, whether made by your personal doctor or others working in this office. This notice will tell you about the ways in which we may use and disclose health information about you. We also describe your rights to the health information we keep about you, and describe certain obligations we have regarding the use and disclosure of your health information.

I understand and have been provided with a Notice of Privacy Practices that provides a more complete description of information uses and disclosures.

\_\_\_\_\_  
Patient/Guardian Signature

\_\_\_\_\_  
Date

# PATIENT INTAKE FORM

## GENERAL PATIENT INFORMATION

Patient Name: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: M F  
Home Address: \_\_\_\_\_ Home Phone: \_\_\_\_\_  
City, State, Zip: \_\_\_\_\_ Work Phone: \_\_\_\_\_  
Email Address: \_\_\_\_\_ Cell Phone: \_\_\_\_\_  
Birth Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Social Security #: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Marital Status: S M D W  
Drivers License Number and State issued: \_\_\_\_\_ State: \_\_\_\_\_  
Names of Children: \_\_\_\_\_ Ages: \_\_\_\_\_  
Occupation: \_\_\_\_\_ Employer Name: \_\_\_\_\_  
Spouse's Name: \_\_\_\_\_ Cell Phone: \_\_\_\_\_  
Spouse's Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_  
As a convenience to our patients, we offer appointment reminders through emails and text messages. Would you like to be set up on automatic text reminders?  Yes  No If yes, who is your cell phone provider? \_\_\_\_\_

## ACCIDENT INFORMATION

Is this visit due to an accident?  Yes  No If yes, what type?  Auto  Work  Other Date of Accident: \_\_\_\_\_  
Has the accident been reported?  Yes  No To Whom? \_\_\_\_\_ Claim #: \_\_\_\_\_

## HEALTH INSURANCE INFORMATION

### **PRIMARY INSURANCE INFORMATION**

Name of *Your Health Insurance Company*: \_\_\_\_\_  
Policy # \_\_\_\_\_ Group # \_\_\_\_\_  
Insured's Name (if different than yours): \_\_\_\_\_ Insured's SS# \_\_\_\_/\_\_\_\_/\_\_\_\_  
Relationship to Insured \_\_\_\_\_ Insured's Birth date \_\_\_\_/\_\_\_\_/\_\_\_\_ Employer: \_\_\_\_\_

### **Patient Condition**

Reason for Visit: \_\_\_\_\_  
When did your symptoms first appear? \_\_\_\_\_ Is your condition getting worse:  Yes  No  
Rate the severity of your pain on a scale of 1 (least) to 10 (severe) \_\_\_\_\_  
Type of Pain:  Sharp  Dull  Throbbing  Numbness  Aching  Shooting  Burning  Tingling  Cramps  
 Stiffness  Swelling  Other  
How many days in the last week did you feel the pain? \_\_\_\_\_  
Does it interfere with your:  Work  Family Life  Sleep  Exercise  Recreation  
Activities or movements that are painful to perform:  Sitting  Standing  Walking  Bending  Lying Down  
 Driving

I clearly understand that all insurance coverage, whether accident, work related, or general coverage is an arrangement between my insurance carrier and myself. If this office chooses to bill any services to my insurance carrier that they are performing these services are strictly as a convenience to me. The office will provide any necessary reports or required information to aid in insurance reimbursement of services, but I understand that insurance carriers may deny my claims and that I am ultimately responsible for any unpaid balances. Any monies received will be credited to my account.

\_\_\_\_\_  
Patient/Guardian Signature

\_\_\_\_\_  
Date

## HEALTH HISTORY

Who is your primary care physician? (doctor and/or practice) \_\_\_\_\_

**Please check to indicate if you are currently experiencing any of the following conditions:**

- |  |  |   |  |  |
|--|--|---|--|--|
| <input type="checkbox"/> Neck Pain/Stiffness | <input type="checkbox"/> Pins/Needles in Arms  | <input type="checkbox"/> Light Bothers Eyes | <input type="checkbox"/> Sudden Weight Loss  | <input type="checkbox"/> Bowel/Bladder Changes |
| <input type="checkbox"/> Back Pain/Stiffness | <input type="checkbox"/> Pins/Needles in Legs  | <input type="checkbox"/> Depression         | <input type="checkbox"/> Loss of Taste       | <input type="checkbox"/> Nausea                |
| <input type="checkbox"/> Arm/Hand Pain       | <input type="checkbox"/> Fatigue               | <input type="checkbox"/> Nervousness        | <input type="checkbox"/> Loss of Memory      | <input type="checkbox"/> Cold Feet             |
| <input type="checkbox"/> Leg/Knee Pain L/R   | <input type="checkbox"/> Sleeping Difficulties | <input type="checkbox"/> Tension            | <input type="checkbox"/> Jaw Problems        | <input type="checkbox"/> Chest Pain            |
| <input type="checkbox"/> Headaches L/R       | <input type="checkbox"/> Loss of Smell         | <input type="checkbox"/> Cold Sweats        | <input type="checkbox"/> Constipation        | <input type="checkbox"/> Fever                 |
| <input type="checkbox"/> Dizziness           | <input type="checkbox"/> Allergies             | <input type="checkbox"/> Stomach Problems   | <input type="checkbox"/> Shortness of Breath | <input type="checkbox"/> Fainting              |
| <input type="checkbox"/> Asthma              | <input type="checkbox"/> Blurred Vision        | <input type="checkbox"/> Night Pain         | <input type="checkbox"/> Hip Pain L/R        |  |

**Please check to indicate if you have ever had any of the following:**

- |   |  |   |   |   |
|---|--|---|---|---|
| <input type="checkbox"/> Aids/HIV           | <input type="checkbox"/> Cataracts           | <input type="checkbox"/> Hernia             | <input type="checkbox"/> Pacemaker            | <input type="checkbox"/> Thyroid Problems   |
| <input type="checkbox"/> Alcoholism         | <input type="checkbox"/> Chemical Dependency | <input type="checkbox"/> Herniated Disc     | <input type="checkbox"/> Parkinson's Disease  | <input type="checkbox"/> Tonsillitis        |
| <input type="checkbox"/> Allergy Shots      | <input type="checkbox"/> Chicken Pox         | <input type="checkbox"/> Herpes             | <input type="checkbox"/> Pinched Nerve        | <input type="checkbox"/> Tuberculosis       |
| <input type="checkbox"/> Anemia             | <input type="checkbox"/> Diabetes            | <input type="checkbox"/> High Cholesterol   | <input type="checkbox"/> Pneumonia            | <input type="checkbox"/> Tumors/Growths     |
| <input type="checkbox"/> Anorexia           | <input type="checkbox"/> Emphysema           | <input type="checkbox"/> Kidney Disease     | <input type="checkbox"/> Polio                | <input type="checkbox"/> Typhoid Fever      |
| <input type="checkbox"/> Appendicitis       | <input type="checkbox"/> Epilepsy            | <input type="checkbox"/> Liver Disease      | <input type="checkbox"/> Prostate Problems    | <input type="checkbox"/> Ulcers             |
| <input type="checkbox"/> Arthritis          | <input type="checkbox"/> Fractures           | <input type="checkbox"/> Measles            | <input type="checkbox"/> Prosthesis           | <input type="checkbox"/> Vaginal Infections |
| <input type="checkbox"/> Asthma             | <input type="checkbox"/> Glaucoma            | <input type="checkbox"/> Migraines          | <input type="checkbox"/> Psychiatric Care     | <input type="checkbox"/> Venereal Disease   |
| <input type="checkbox"/> Bleeding Disorders | <input type="checkbox"/> Goiter              | <input type="checkbox"/> Miscarriage        | <input type="checkbox"/> Rheumatoid Arthritis | <input type="checkbox"/> Whooping Cough     |
| <input type="checkbox"/> Breast Lump        | <input type="checkbox"/> Gonorrhea           | <input type="checkbox"/> Mononucleosis      | <input type="checkbox"/> Rheumatic Fever      |   |
| <input type="checkbox"/> Bronchitis         | <input type="checkbox"/> Gout                | <input type="checkbox"/> Multiple Sclerosis | <input type="checkbox"/> Scarlet Fever        |   |
| <input type="checkbox"/> Bulimia            | <input type="checkbox"/> Heart Disease       | <input type="checkbox"/> Mumps              | <input type="checkbox"/> Stroke               |   |
| <input type="checkbox"/> Cancer             | <input type="checkbox"/> Hepatitis           | <input type="checkbox"/> Osteoporosis       | <input type="checkbox"/> Suicide Attempt      |   |
| <input type="checkbox"/> Other _____        |  |   |   |   |

Are you currently under drug and/or medical care?  Yes  No If yes, explain \_\_\_\_\_

Please list any medications you are currently taking (Be sure to include dosage and frequency) \_\_\_\_\_

Please list any surgeries and/or hospitalizations you have had (type & date) \_\_\_\_\_

Please list any allergies \_\_\_\_\_

Please list any supplements you are currently taking (vitamins, minerals, herbs) \_\_\_\_\_

Are you currently on any blood thinners – (aspirin regimen included)?  Yes  No List Type \_\_\_\_\_

**Contraindications: A few procedures should be avoided if patients have certain conditions. Please answer the following:**

Do you have a pacemaker?  Yes  No Do you suffer from blood clots?  Yes  No Do you have knee/hip replacement?  Yes  No

Is there a family history of any of the following conditions? (Indicate family member including parents, grandparents & siblings)

- |  |  |                                      |
|--|--|--------------------------------------|
| <input type="checkbox"/> Heart Disease _____ | <input type="checkbox"/> Diabetes _____  | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Cancer _____        | <input type="checkbox"/> Arthritis _____ | <input type="checkbox"/> Other _____ |

Do you exercise:  Yes  No How often? 1X 2X 3X 4X 5X per week Other: \_\_\_\_\_

What activities:  Running  Jogging  Weight Training  Cycling  Yoga  Pilates  Swimming  Other \_\_\_\_\_

Do your work activities mostly involve:  Sitting  Standing  Light Labor  Heavy Labor

What is your daily/weekly intake of the following:

Caffeine \_\_\_\_\_ cups/day Alcohol \_\_\_\_\_ drinks/week Energy Drinks \_\_\_\_\_ cups/day Cigarettes \_\_\_\_\_ packs/day

**I certify that the above questions were answered accurately. I understand that providing incorrect information can be dangerous to my health.**

Patient's / Guardian's Signature \_\_\_\_\_ Date \_\_\_\_\_

## Review of Systems

Name \_\_\_\_\_

Date \_\_\_\_\_

Please mark YES or NO if you have experienced any of these symptoms recently:

Y	N		Y	N	
___	___	<b>Neurological</b>	___	___	<b>Skin</b>
___	___	Migraines	___	___	Eczema
___	___	Headaches	___	___	Dermatitis
___	___	Slurring of speech	___	___	Excessive Sweating
___	___	Ringing in Ear	___	___	Rashes
			___	___	Brittle Nails
			___	___	Hair Loss
		<b>Ear/Nose/Throat</b>	___	___	Easy Bruising
___	___	Altered taste/smell	___	___	Increased Bleeding
___	___	Night Blindness	___	___	Numbness/tingling
___	___	Sore Throat			
___	___	Gingivitis			<b>Genitourinary</b>
___	___	Nose bleeds	___	___	Uterine fibroids
			___	___	Ovarian cysts
		<b>Cardiovascular</b>	___	___	Cancer (breast, ovarian, prostate, uterine)
___	___	Chest pain	___	___	Prostate problems
___	___	Palpitations-racing heart beat			
___	___	Swelling in hands/feet			<b>Emotional/Mental</b>
___	___	Anemia	___	___	Depression
			___	___	Anxiety
		<b>Respiratory</b>	___	___	Mood Swings
___	___	Recurrent Respiratory Infections	___	___	Irritability
___	___	Asthma	___	___	Memory Loss
___	___	Chest Congestion	___	___	Confusion
___	___	Wheezing			
___	___	Frequent Sneezing			<b>Energy</b>
			___	___	Fatigue
		<b>GI</b>	___	___	Hyperactivity
___	___	Stomach Pains or Cramping	___	___	Restlessness
___	___	Constipation	___	___	Insomnia
___	___	Reflux or Heartburn	___	___	Decreased Libido
___	___	Bloating	___	___	Stress
___	___	Gas			
___	___	Nausea or Vomiting			<b>Weight</b>
			___	___	Decreased Appetite
		<b>Musculoskeletal</b>	___	___	Weight Gain
___	___	Joint Pain	___	___	Inability to Lose Weight
___	___	Arthritis	___	___	Food Cravings
___	___	Chronic pain	___	___	Binge Eating
___	___	Muscle Aches	___	___	Water Retention

Current Date: \_\_\_\_\_

**Attention: Director of Claims**

Insurance Policy #1 (carrier): \_\_\_\_\_

Insurance Policy #2 (address): \_\_\_\_\_

Re: Patient Name: \_\_\_\_\_

Policy No: \_\_\_\_\_

Insured: \_\_\_\_\_

Dear Director of Claims:

This letter is to inform you that I was not involved in any auto or work injury for this diagnostic test and/or treatment. By signing below, I am stating that I was not involved in any auto accident or personal injury caused by any third party. I further affirm that the diagnostic test and/or treatment being performed is not the result of a work-related injury or caused by any individual related to my employment.

Sincerely,

\_\_\_\_\_  
Patient/Guardian Signature

**LIFETIME AUTHORIZATION ASSIGNMENT OF BENEFITS  
AND INSURANCE REALEASE**

I certify that the information I furnish is true and correct. I know it is a crime to fill out this form with facts that I know are false or to leave out facts that are important. I hereby authorize Elite Healthcare Physical Medicine, LLC to submit a claim to my insurance carrier or its intermediaries for all covered prescriptions or durable medical equipment and authorize and direct my insurance carrier or its intermediaries to issue payment directly to Elite Healthcare Physical Medicine, LLC I hereby authorize Elite Healthcare Physical Medicine, LLC to furnish complete information requested by my insurance carrier or its intermediaries regarding services rendered. I further agree that I am responsible for paying my co-pays or balances which remain after insurance payments have been made, including any cost of collection or legal fee incurred to collect these balances.

By signing below, you acknowledge that you have read the above, asked questions if necessary, and that you understand what it states.

Patient Name (Print)	Patient Signature	Date
Staff Member Name (Print)	Staff Member Signature	Date

**ASSIGNMENT OF BENEFITS for Medicare Patients Only**

I request that payment of authorized Medicare benefits be made to me or on my behalf to Elite Healthcare Physical Medicine, LLC for treatment or durable medical equipment and supplies ordered by my physician. I authorize any holder of medical information needed to determine these benefits or the benefits payable for related services for me to release it to the Center for Medicare/Medicaid Services and it's agency. I understand that my signature requests that payment be made and authorizes release of medical information necessary to pay the claim. If 'other insurance' is indicated in item 9 of the HCFA-1500 claim form, or elsewhere on the approved claim form or electronically submitted claims, my signature authorizes releasing the information to the insurer or agency listed. In Medicare assigned cases, the supplier agrees to accept the charge of determination of the Medicare carrier as the full charge, and the patient is responsible only for the deductible, coinsurance and non-covered items. Coinsurance and the deductible are based upon the charge determination to the Medicare carrier.

Item(s) Provided: \_\_\_\_\_  
\_\_\_\_\_

By signing below, you acknowledge that you have read the above, asked questions if necessary, and that you understand what it states.

Patient Name (Print)	Patient Signature	Date
Staff Member Name (Print)	Staff Member Signature	Date



## CARDIOVASCULAR EXAM AND SCREENING QUESTIONNAIRE

Patient Name (Print): \_\_\_\_\_ Date: \_\_\_\_\_

Age: \_\_\_\_\_ Gender: M F Blood Pressure: \_\_\_\_\_ Pulse: \_\_\_\_\_

**Please check the appropriate response.**

**YES**

**NO**

- |   |       |       |
|---|-------|-------|
| 1. Are you over the age of 45?  | _____ | _____ |
| 2. Do you suffer from headaches?  | _____ | _____ |
| 3. Do you have a family history of cardiovascular disease (heart) or strokes?             | _____ | _____ |
| 4. Do you have high blood pressure or high cholesterol?                                   | _____ | _____ |
| 5. Do you suffer from dizziness or light-headedness?                                      | _____ | _____ |
| 6. Do you smoke or have you smoked in the past?   | _____ | _____ |
| 7. Have you ever experienced tingling or numbness in your arms or legs?                   | _____ | _____ |
| 8. Do you bruise easily?  | _____ | _____ |
| 9. Do you get tired easily or feel fatigued after common physical activity?               | _____ | _____ |
| 10. Do you have a stressful lifestyle?  | _____ | _____ |
| 11. Do you have pain in your legs after walking?  | _____ | _____ |
| 12. Do your legs, ankles, or hands swell during the day?                                  | _____ | _____ |
| 13. Do you take medication for high blood pressure or cholesterol?                        | _____ | _____ |
| 14. Do you take birth control pills?  | _____ | _____ |
| 15. Do you have varicose veins?   | _____ | _____ |
| 16. Do you have vision problems<br>(ie. temporary loss of vision, blind spots, floaters)? | _____ | _____ |
| 17. Do you suffer from diabetes?  | _____ | _____ |
| 18. Do you have any swollen or stiff joints?  | _____ | _____ |

**Elite Healthcare Physical Medicine**  
**1300 HOSPITAL DR., STE 220**  
**MT. PLEASANT, SC 29464**

**PATIENT VOICEMAIL/E-MAIL/TEXT CONSENT FORM**

Elite Healthcare Physical Medicine is required to obtain prior authorization to leave detailed voicemail messages/text messages for the patient. This policy is to protect the patient and also to protect our staff from violating the patient's confidentiality. If we do not have a signed consent form on file, the staff may leave only their name and a phone number on an answering machine/cell phone asking you to contact them back. By completing the consent below, you hereby authorize the staff to call and leave their name, doctor's name, and additional information on an answering machine/cell phone or with a specific individual. You also authorize the staff to contact you by e-mail. (no private information will be shared on the web, only informative information). Unless notified in writing, this consent will remain in effect permanently.

***In addition***, please list the name of any individual we can release **any** of your information (appointment dates and times, etc.) to:

---

Name/Relationship

---

Name/Relationship

I give my consent to Elite Healthcare Physical Medicine to leave a message/text/email regarding appointment dates and times or other necessary information as listed in the paragraph above. Also, I authorize Elite Healthcare Physical Medicine to display any testimonial (written/video) in our office, on our website, or on Facebook that I have voluntarily completed.

---

Patient Signature

---

Date